

Box Elder School Lunch Menu February 2008

This menu meets the HealthierUS School Challenge Gold criteria

Monday	Tuesday* Salad Bar/Relish Tray	Wednesday	Thursday* Salad Bar/Relish Tray	Friday
<u>February 4</u> Hot Dog on a whole wheat bun Sun Chips Tossed Salad Jello with Fruit Cocktail Milk	<u>February 5</u> Pita Taco (on whole wheat pita bread) Seasoned Corn Mandarin Oranges Milk	<u>February 6</u> Chicken Fried Steak Mashed Potatoes with Gravy Whole Wheat Roll Fresh Fruit Trays Milk	<u>February 7</u> Sloppy Joes (made with lentils) on whole wheat bun Tossed Salad Cherries with Topping Milk	<u>February 8</u> Fish Sticks Macaroni and Cheese Whole Wheat Roll Peas and Carrots Apples Milk
<u>February 11</u> Chili Cheese Wrap on whole Wheat tortilla Oven Fries Red Grapes Milk	<u>February 12</u> Sloppy Joes (made with lentils) on whole wheat bun Corn Chips Tossed Salad Peaches Milk	<u>February 13</u> Beef Stew Crackers Apples Whole Wheat Roll Mozzarella Cheese Stick Milk	<u>February 14</u> Chicken Nuggets Tator Circles Red Jell-O with Fruit Cocktail Whole Wheat Roll Milk	<u>February 15</u> Tomato Soup Crackers Grilled Cheese Sandwich on Whole Wheat bread Celery and Carrot Sticks Pears and Milk
<u>February 19</u> NO SCHOOL	<u>February 20</u> Chicken Fried Steak Mashed Potato with Gravy Sliced Whole Wheat Bread Applesauce Milk	<u>February 21</u> Chicken Wings Steamed Brown Rice Tossed Salad Mandarin Oranges Milk	<u>February 22</u> Hamburger on Whole wheat bun Tossed Salad Cherries Milk *hummus served on relish tray	<u>February 23</u> Fish Sticks Jo Jo Potatoes Whole Wheat Roll Honeydew and Cantaloupe Milk
<u>February 25</u> Super Nachos (Whole Corn Tortilla Chips) Oranges Graham Crackers Seasoned Corn Milk	<u>February 26</u> Turkey Mashed Potatoes with Gravy Whole Wheat Roll Peaches Milk	<u>February 27</u> Whole Grain Corn Dogs Pork and Beans Tossed Salad Fruit Cocktail Milk	<u>February 28</u> Meat Loaf Baked Potatoes Peas and Carrots Whole Wheat Roll Pears Milk	<u>February 29</u> Macaroni and Cheese Whole Wheat Roll Fresh Veggies with Dip Apples Milk

***Grades 1-5 receive relish trays (1/2 cup vegetable per child) on Tuesdays and Thursdays.** Relish tray consists of fresh cherry tomato, celery, cucumber, carrots, broccoli, cauliflower, black olives, pickles and low-fat Ranch dressing. ***Grades 6-8 receive salad bar (1 cup) in addition to the regular lunch line on Tuesdays and Thursdays.** Salad bar includes dark green lettuce, cherry tomatoes and red peppers, the same vegetables as offered on relish trays, fresh fruit salad and fat-free dressing.